



# ZULULAND MULTI SPORT CLUB

Established 1997

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Bearing Man Group and Nashua Zululand, Proud Sponsor of the ZMSC



ZULULAND

Affiliated to:

Triathlon South Africa, KwaZulu Natal Cycling, KwaZulu Natal Athletics, KwaZulu Natal Canoe Union and KwaZulu Natal Swimming

## NEWSLETTER 4 of 2017

ANNOUNCEMENTS & Admin	RUNNING & WALKING	CYCLING
<p>The AGM and Prize Giving will take place on Wednesday 26 April 2017 at 18:30. We do hope that you will all be able to attend.</p> <p>Office Hours:            Mon: 09:00 – 13:00            Tues: 09:00 – 13:00            Weds: 14:00 – 18:30            (Time trial from 17:00 – 18:30)            Thurs: 09:00 – 13:00            Fri: 09:00 – 12:00  <b>Office will be CLOSED on 21 April and 28 April</b></p>	<ul style="list-style-type: none"> <li>• NO Club Run this weekend due to the RBAC 21km - Flyer available on our website.</li> <li>• <b>Congratulations to all the runners that kept the ZMSC Flag Flying high at Two Oceans!! Results are on our website.</b></li> </ul>	<p><b>2017 Sani2C</b>            Due to unforeseen circumstances the Zululand Multi Sport Club's Sani2C Trail entry for 2017 just became available. The dates are 9 - 11 May 2017 and cost per rider is R6975, there is also accommodation available the night before at R440 per person. Should you be interested, please contact the office.</p> <p><b>iSimangaliso 4 Day MTB</b> will take place on 17 – 20 Aug  <u><b>Email with SPECIAL Club MEMBER discount to follow.</b></u></p>
CANOEING & SURF SKI	TRIATHLON & DUATHLON	KITCHEN & BAR
<ul style="list-style-type: none"> <li>• Paddling Time Trials Takes place every Tuesday at 17:15.</li> <li>• Novices welcome.</li> <li>• For more info you contact Mike @ 082 923 5347</li> </ul>	<p>Open Water Swim Training every Sunday @ 15:00. Please contact Andrea @ 083 233 7696 or Done @ 076 952 8792 for more info.</p>	<ul style="list-style-type: none"> <li>• <b>Kitchen are open on a Wednesday from 16:00 and Saturday from 08:00 - 10:00</b></li> </ul> <p><b>Bar Hours for Easter Weekend:</b>            Fri: 10:00 – 18:00            Sat: 10:00 – 22:00            Sun: 10:00 – 18:00            Mon: 10:00 - 18:00</p>

Photos and event flyers are available on <http://zmsc.co.za>

